

AUTISM

Acceptance Month

What is Autism?

Autism Spectrum Disorder (ASD) refers to a complex neurological disorder which typically appears in early childhood. The severity and range of impairments widely vary in individuals.

Common challenges include difficulty with social interactions, communication, repetitive behaviors, rigidity, and obsessive interests.

What is ABA?

Applied Behavior Analysis (ABA) is an evidence-based approach to change behaviors of social significance. ABA has been researched for decades and is considered an effective method to treat children with Autism. The goal of ABA therapy is to increase desired or helpful skills and decrease behaviors that limit learning or are harmful.

Common ASD Symptoms

- Avoiding eye contact
- Repetitive behaviors
- Delayed early childhood milestones
- Unusual sleeping and eating habits
- Obsessive interests
- Unusual emotional responses
- Rigidity with routine
- Sensitivity with sounds, smells, tastes, looks, or feels.
- Flapping hands



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